

Qoraalka Hagidda



Ka badbaadinta tacadiyada galamada, faro xumaynta iyo bahdilida galmo (SEAH) ee Ururada gargaarka si loo caawiyo dalalka uu Saameeyay Caabuqa COVID-19.

Halista Uga faa'ideysiga Galmada, Xadgudubka iyo Dhibaateynta Galmada (SEAH)¹ waxay u badantahay in ay sii sii kordhi doonta bilaha soo socda inta lagu jiro safmarka xanuunka COVID-19 iyo jawaab celintiisa. Cadeynta safmaradii hore waxay muujinaysaa in saameynta labaad ay horseedi karto isbeddelo ku yimaada hab-dhaqanka bulshada iyo dhaqdhaqaaqa, sida sinaan la,aan weyn oo jinsiga iyo bulshada ah iyo adeeg bixin daciiif ah oo abuuraysa xaalado kordhiya halista SEAH.² Sidaa daraadeed waxaa muhiim ah in heerarka badbaadinta caalamiga ah mudnaanta loo siiyo lana illaaliyo marka wax laga qabanayo xanuunka COVID-19, iyadoo diirada la saarayo kuwa ay u badan tahay inay la kulmaan SEAH. Qoraalkan Hagidda waxaa loo soo saaray si loo taageero hay, adaha bulshada rayidka ah (CSOs), shirkadaha gaarka iyo saami-leyda kale ee kamidka ah laanta gargaarka si ay u qaadaan talaabada ku haboon si looga hortago loogana jawaabo tacadiyada galmaada la xidhiidha. (SEAH).

Yaa khatarta ugu badan ugu jira la kulmida tacadiyada galmada (SEAH)?

In kasta oo xaaladuhu kala duwanyihiin, tacadiyada galmaada (SEAH) waxay ka dhacdaa halka shaqsiyaadku ay fursad u haystaan inay ku takrifalaan awooddooda sidaa darteedna waxaa ugu horeynba la kulma dhibaatooyinka dadkaa nugule. Haweenka iyo gabdhuhu si aan isu dhigmin ayay u saameysaa tacadiyada galmada la xidhiidha SEAH waaxda gargaarka dhexdeeda.³ Si kastaba ha

Kooxaha ugu badan ee halista ugu jira tacadiyada galmada (SEAH) inta lagu jiro xanuunka safmarka COVID-19

ahaatee , kooxaha kale ee takoorka bulshada dhexdeeda ku wajaha ayaa sidoo kale halis weyn ugu jira inay la kulmaan tacadiyada galmaada la xidhiidha SEAH, sida dadka naafada ah, qoxootiga , iyo gabdhaha iyo wiilasha.⁴

Haweenka, ragga, wiilasha iyo gabdhaha u dhashay qolo, luuqad, fir ama jinsiyad laga tira badan yahay waxaa si joogto ah ugu dhaca takoor, faquuq , xaqiraad iyo ku Xadgudubka xuquuqdooda oo ay ku jiraan diidmada marin u helidda adeegyada, hawlaha quudinta iyo nabadgalyada, kuwaasoo laga yaabo inay tacadiyada galmaada la xidhiidha SEAH u Sahlaan. Si kastaba ha ahaatee, waxaa jira cilmi-baarlis yar taasoo hadda sahamineysa xiriirkas. gaar ahaan tacadiyada galmaada la xidhiidha SEAH ee ka dhanka ah ragga . gaar ahaan .Shakhsiyadka la kulma noocyoo badan oo takoored ah, sida gabdhaha da,yarta ah ee naafada ah, wiilasha ku nool xeryaha qaxootiga Ayaa cilmi baaristu ku socotaa in ay halis weyn ugu jiraan .

Lumidda qaab nololeedka bandowga uu COVID-19 keenay ayaa saameyn adag ku yeelan doonta bulshooyinka waxaana ka dhalan doona xaqiraadda kuwa hore u nuglaa oo sii kororta

Halka xaaladaha faa'idooyinka lacageed ama qeybinta gargaarka laga shaaciyo si loogu taageero bulshadooyinka, ayaa horseedi karta isku dheelitir la'aanta awoodeed ee u dhaxeysa adeeg bixiyaha iyo qaataha, taas oo kordhinaysa halista tacadiyada galmaada (SEAH).

Haweenka iyo Gabdhaha	Haweenka iyo gabdhaha ayaa halis korodha ugu jira tacadiyada galmada la xidhiidha SEAH . Sababtoo ah in lagu qasbo in ay Jirkooda ka ganacsadaan si ay u helaan nolol, taas ayaa ka dhigta kuwa u nugul in ay ku dhacaan tacadiyo.. Haweenka ka shaqeeya daryeelka caafimaadka ayaa sidoo kale halis sare ugu jira tacadiyada galmada la xidhiidha SEAH , sida kuksiga iyo dhibaateynata galmada, oo ay gaystaan asxaabta shaqada kala shaqeeya iyo bukaanada. kuwa ka ganacsada jirkooda,, Haweenka qoysaskooda masuulka ka ah iyo haweenka saboolka ah ayaa si gaar ah halis ugu jira tacadiyada galmada la xidhiidha SEAH taasoo ay gaystaan shaqaalaha gargaarka bixiyaa.
Dadka naafada ah	Dadka la nool naafanimada ee ku tiirsan Hay, adaha Bulshada Rayidka ah ama adeeg bixiyeyaaasha kale ayay aad ugu badan tahay inay la kulmaan tacadiyada galmada SEAH. Shakhsiyadka u baahan caawin ay weheliso daryeel shakhsii ama hadalkooda iyo xiriirkoodaba ay saameyn wayn ku yeelatay naafonimadooda ayaa halis gaar ah ku sugaran, sida haweenka iyo gabdhaha naafada ah. Dadka naafada ah ayaan u badnayn inay u aqoonsadaan tacdiyada galmada la xidhiidha SEAH sida ku Xadgudubka xuquuqdooda, ama inay ogaadaan sida loo soo wargeliyo; sidaas awgeed, waxaa laga yaabaa inay la kulmaan xadgudub dheeraad ah. Dadka qaba dhibaatooyinka caafimaadka maskaxda, kuwaas oo aan loo tixgelin naafonimo ayaa sidoo kale noqon kara kuwo aad u nugul.
Gabdhaha iyo Wiilasha	Gabdhaha, iyo gaar ahaan gabdhaha da, yarta ah ama qaangaadhka ah, ayaa waxay halis ugu jiraan tacdiyada galmada la xidhiidha SEAH sababo isugu jiro jinsiga iyo takoorka da'da awgood, waxaana laga yaabaa in loo arko bartilmaameedyo fudud oo lagaga ganacsado jirkooda Wiilasha, gaar ahaan kuwa saboolka ah ama ku nool xeryaha qaxootiga , ayaa sidoo kale la bartilmaameedsan karaa waxaana laga yaabaa inaysan u badbayn in ay soo sheegaan sababo la xidhiidha in la faquuqo laguna sameeyo tacdiyada galmada SEAH ee ka dhanka ah wiilasha awgiis. Tallaabooyinka looga hortago faafidda COVID-19 ayaa laga yaabaa inuu gabdhaha iyo wiilasha ku sababo inay ka fogaadaan daryeelayaashooda sababo ay ugu wacan tahay shuruudaha karantiilkha ama xanuun daran/geeri, taasoo ku reebta halis sare oo ah noocyada kala duwan ee tacdiyada galmada la xidhiidha SEAH , oo ay ku jiraan shaqaalaha gargaarka.
Shakhsiyadka la kulma noocyoo badan oo takoor ah	Shakhsiyadka la kulma noocyoo badan oo takoor ah sababo la xidhiidha jinsiga, da'da, dareenka galmada, saboolnimada, qolo, fir ama jinsiyad, xaaladda qoxootinimo , naafonimo iyo diin ayay u badan tahay inay la kulmaan tacdiyada galmada la xidhiidha SEAH. Hadba inta takoor laban-laaban uu qofku la kulmo, ayay halista tacadiyada galmedu SEAH sareysaa marka isaga/iyada uu la macaamilo nidaamka gargaarka.



Image credit @MKCoursin

Talaabooyin cad cad ah ayaa looga baahan yahay inay gudbiyaan ururadu si looga hortago tacdiyada galmaada la xidhiidha ee SEAH inta lagu jiro COVID19?

- Sii wadidda inay shaqeeyaan si loo fuliyo heerarka badbaadinta caalamiga ah ee la aqoonsan yahay⁵ iyadoo diirad gaar ah la saarayo halista uu COVID-19 keenay. Maaddaama halista SEAH ay sii kordheys, waxa muhiim ah in hay'adaha ay dib u eegaan hubiyaana inay sii wadaan hirgelinta nidaamyadooda badbaadineed xaaladaha shaqaalaha caalamiga ah hoos loo dhigay, isla markaana ku tiirsanaan iyo kormeerd badana la geliyo noocyada kale ee shaqaalaha maxaliga ah. Kala shaandheynta, saxiixida xeerarka anshaxa iyo tababar waajib ah iyo kormeerd waa in la siiyaa dhammaan shaqaalaha cusub, qandaraaslayaasha iyo tabaruceyaasha waana inay tababarkoodu dhacaan kahor intaysan bilaabin shaqadooda walow cadaadiska in si dhaqso ah loo daabulo shaqaalaha uu jiro howsha oo badan owgeed. Tababaro joogto ah waa in la siiyashaqaalaha, lana siiyaa war is gaarsiin faafaahsan si loo xaqiijyo inay sii wadaan mudnaan siinta hirgelinta nidaamyada badbaadinta, inkasta oo ay ka culus yihii shaqooyinka caadiga ah iyo mudhaansiinta gargaarka bani'aadamnimada degdeggah ah.
- Ku taageer shaqaalaha haweenka ah inay qabtaan xilalka hoggaamineed sida qayb kamid ah jawaab-celinta hay'adaada. Haween badan waa in ay ku jiraan safka hore iyo jagooyinka maaraynta taasi waxay sahashaa inay kordho wacyigelinta iyo kormeerd arrimaha tacdiyada galmaada SEAH, waxaanay yareysana halista guud. Ee Cudurka

safmarka- faafidiisa.haweenka waxaa laga yaabaa inay u dheertayah shaqadooda Masuuliyadda qoyska, markaa tixgeli kana samee la tashi waxyabaha kusaabsan taageerada dheeraadka ah ee shaqaalaha haweenka ahi u baahan karo

- Aqoonso khataraha cusub ee uu sababta u yahay xanuunka COVID-19 ay kamidka yihii khadka tooska iyo kan aan tooska ahayn ee ku tacadiga galmaada SEAH. Tani waa in la sameeyaa ayadoo lagu salaynaayo taxliiinta kamid noqoshada bulshada iyo jinsiga, yaa xaalad gaar ah inta badan halista ugu jira tacdiyada galada SEAH?. Waxa sidoo kale muhiim ah in barnaamij/hawl kasta lagu sameeyo taxliiin si loo fahmo asbaabaha halista tacadiyada galmaada SEAH iyo halka farqiyada ugu weyn ee awoodaha ay ka jiran, tusaale ahaan halka alaabta /lacagta laga qaybinayo ama halka hawladeenada ay ugu horay yihii rag, maaddaama ay xaaladahan sii kordhayaan suurtagalnimada SEAH.
- Wadajir ula naqshadeehay, adaha ka shaqeeya xaquuqda haweenaka qaadana mashruucyada bulshada lagu taageerayo hubine in lagu daro mashaariicda dadka la faquuqo, Gaar ahaan waxaa muhiim ah in la fahmo khataraha tacdiyada galmaada SEAH ay u leeyahiin kuwa inta badan halista ugu jira lana xaqiijyo in hawlaha iyo nidaamyada soo sheegidda loo naqshadeeyo inay noqdaan wax la heli karo. Ayadoo laga yaabo in shirarka shaqsi ahaaneed aysan suurtagal noqon, baddelkeeda waxaa la isticmaali karaa la-tashiyo taleefoon oo lala yeesho u ololeyayaasha ama hay, adaha maxalliga ah
- La shaqee hay'adaha kale ee ka shaqeeya isla-waaxda oo ay kamid tahay Shabakadda Guddiga-Hay'adaha ee Kabadbaadinta Uga faa, ideysiga

Galmada iyo Xadgudubka (PSEA) 6 (haddii ay jirto).
 Wada-shaqeyntani waqt lumis ayay ku tahay hay,daha yar yar marka uu cadaadis ka saaraanyahay agabka balaaran. Si kastaba ha noqotee, ku guuldareysiga wada shaqaynta waxay horseeddaa khasaare iyo aqoon la,aan ku saabsan agabka la heli karo ee soo sheegidda iyo badbaadinta iyo nidaamyada gudbinta dhibanaha. Haddii aysan jirin shabakaddu Guddiga-Hay,adaha Kabadbaadinta Uga faa,ideysiga Galmada iyo Xadgudubka, baar lana shaqee shabakadaha kale ee muhiimka ah sida. Badbaadinta Caruurta ama Shaqaqooyinka kusaleesan Jinsiga (GBV).

- **Hubso in hay,addaadu haysato liis dhamaystiran kaas oo sahla gudbinta cabashada dadka dhibanayaasha u ah tacadiga galma SEAH ay ka midka yihiin carruurta iyo qaangaadhka.** Waa in si isdaba joog ahna loo cusbooneysiyo si kusalaysan tilaaboooyinka Dowladda/Shabakadda Ka
- **Qiimee halista maareynta iyo kormeerka** qiimee kalsoonida maclumaadka aad hesho (yaa bixinaya- hoggaamiyeysaasha bulshada, shaqaalahaaga, la-hawlgalayaasha cusub?). Tixgeli sida aad ula socon karto calaamadaha tacadiga galma SEAH ee ka dhacaysa bulshada dhexdeeda. Inbadan oo shaqada hay,adaada waxaa laga yaabaa in lagu faafiyo khadka tooska ah iyo baraha bulshada ku kulanto halkaas oo xaduudada u dhaxeysa xirfadlayaasha iyo xiriirka shaqsiyed uu noqon karo mid aan la fahmi karin. Sii sidaa tarteed, shaqaalahaaga talo cad oo kusaabsan waxa anshaxa habboon ee khadka toosan uu yahay iyo waxa ay sameyn karaan iyo waxa aanay sameyn karin marka ay xubnaha bulshada kula maccaamilayaan khadka tooska ah.
- Adeegso luqad aan faquuq laheen si firfircoonna uga hadal yasida iyo faquuqa waxyeelada leh ee laga yaabo inay ka soo baxaan bulshoooyinka uu saamayay COVID-19 . Takoorka ka dhanka ah shakhsiyaadka uu ku dhacay xanuunka COVID-19

Waa maxay tallaaboooyinka ay tahay in ay hay,adduhu qaadaan si loo xaqijiyo soo sheegidda iyo jawaab-celinta tacadiyada galma SEAH inta lagu jiro COVID-19?

- Taageer dhibanayaasha tacadiyada galma SEAH mudnaantana sii ammaankooda xitaa inta lagu jiro bandowga kuna dadaal qaabka dhibanaha uu udub-dhaxaadka u yahay ⁷ . lyada oo ay kuxirantahay duruufaha jira, waxaa muhiim ah in la isku dayo in la assaasso xiriir toos ah, nabdoon isla

badbaadinta Uga faa,ideysiga Galmada iyo Xadgudubka si wax looga qabto COVID-19, taas oo laga yaabo inay sababto in kheyraadka laga weecyo adeegyada aan toos ula xiriirin COVID-19. Khariiradeynta adeegyadu waxay u baahan tahay inay ku jiraan taageero caafimaad (sida Dawada ka hortagga HIV), Maareynta daawaynta Kufsiga, iyo ka hortagga uurka degdegga ah iyo sidoo kale daaweynta dhaawacyada), shaqaqooyinka ku saabsa jinsiga. Tixgali baahida raga iyo dumarka si aad u aragto kuwa kale uu mar hore saameeyay isla markaana kula wadaagikara macluumaa.

- **Hubso bulshoooyinka, qoysaska iyo shakhsiyaadka** Hubi in adeegyada, gudbinta iyo meesha adeegyada laga helayo si fiican loogu war galiyayay , yihiina lacag la,aan isla markaana ay jiraan tusayaal maxbaarsan fariin cadaynaysa joobaha adeega.laga helayo, Kuwaas oo cadaynaya xakamaynta galma lagu bedesho adeegyo . markaana qarsoondi ah si loo ogaado rabitaanka dhibanaha. Caawimaado deeraad ah ayaa laga yaabaa in looga baahdo hay'adaha kale /ama maamulada si loo xaqijiyo in dhibanaha loo qaado meel amaan ah haddii loo baahdo, si loo helo adeegyada gudbinta iyo caawimaad haddii warbixintu ay tahay mid la baarayo. Wax kale oo muhiim ah in la joogteeyo lana cusboonaysiyo qaabaynta adeegya
- **Taageer shaqaalaha si ay u maareeyaan** badqabkooda jireed iyo kan maskaxeed, adigoo aqoonsanaaya walbahaarka la tacaalidda COVID-19 iyo bandowgu in ay ay ka joojin karaan dadka qaarkood inay soo sheegaan in uu ku dhacay tacadi galmo SEAH.⁸ Asxaabta shaqada ayaa laga yaabaa inay aqoonsan waayaan caalamadaha hab-dhaqanka aan haboonayn, iyo shaqaalaha laga yaabaa inay la kulmeen tacadiga galma SEAH oo laga yaabaa inay dareemaan in soo sheegiddooda la kulanadooda aysan qiimo lahayn taas oo ay ugu wacantahay xaaladda baahiyaha xad-dhaafka ah ee COVID-19 ee caalamka. Sidaa darteed, hubi firfircoonda fariin-gaarsiinta ku saabsan mudnaan siinta joogtada ah ee shaqaalaha iyo amaanka macaamiisha iyo ladnaanta, iyo in soo sheegidda mar walba loola dhaqmo si mudnaanta sare leh.
- Dib-u-eeg ama qaado nidaamyada soo-sheegidda adigoo xaqijiinaaya in ay heli karaan kuwa ay u badan tahay in uu saameyo tacadi galmo SEAH. Waxaa muhiim ah in la qorsheeyo ama la cusboonaysiyo isbadalka xaaladaha si loo taageero u diyaar-garawga loona qiimeeyo

fursadaha kala duwan, waayo waxaa laga yaabaa in xanuunak safmarka ah uu sii socdo.

Nidaamyada soo sheegidda waa in la qataa si loo hubiyo inay sii ahaadaan wax ay heli karaan haweenka iyo gabdhaha, iyo sidoo kale kooxaha kale ee laga yaabo inay ku adkaatahay helitaanka macluumaadka, sida shakhsiyadka naafada ah ama kooxaha kale ee ay bulshadu faquuqdo. Khadad isgaarsiineed oo kala duwan waa in la adeegsadaa si dhamaan bulshada qeybaheeda looga wargeliyo waxa ku saabsan hab-dhaqanka ay ka filan karaan hay'adaha gargaarka. Waa in la tix galiyaa iska ilaalinta fariin siin adliiga oo hor taagan bulshada xiliga xannunkani jiro waxa loo baahan yahay kala fogaado , isticmaal , raadiyaha, TV-ga, baraha bulshada, taleefoonada gacanta, Adeggaa Fariimaha Gaagaaban, Warqado daabacan (la turjumay lana heli karo) sidoo kale farriimaha lala bixyo gargaarka waa muhiim. Caddayntu waxay tilmaamaysaa codadka dumarka inay waxtar badan u leeyihii gudbinta farriimahan.⁹ Isku day inaad waafajiso nidaamka warbixinta hay, adaada kuwa kale sida ugu

macquulsan si looga fogaado jahwareerka xubnaha bulshada.

- Qiimee warbixinnada tacadiyada galmaada SEAH si loo aqoonsado tallaabada la qaadi karo iyo goorta, siinna qorshaha dib-u-eegista joogtada ah. Warbixinnada la helay waa in laga falceliyo *in kasta oo bandow* ama caqabado kale jiraan. Go'aannada maaraynta kiiska ee halista ku jira waa in lagu sameeyaa tallaabo kasta oo baaritaanka ah si go'an looga gaaro haddii ay tahay amaan ama macquul in lagu sameeyo baaritaan toos ah ama meel fog lagu sameeyo. Hab dhawr waji leh ayaa ku habboonaan kara tusaale ahaan, daraasad miiska ayaa la sameyn karaa marka hore iyo haddii qarsoodi la damaanad qaadi karo, wareysiga waxaa lagu qaadi karaa iyada oo loo maro lammaane lagu kalsoon yahay ama taleefoon. Baaritaanka waa in hakad la galiyaa ,haddii marxalad kasta nabadjelyada, ladnaanta iyo caafimaadka mid ka mid ah dhinacyada baaritaanka (dhibane, cabasho, markhaatiyaal / baare) oo khalkhal galoo, , lana qiimeeyo go'aanka laga qaadanaao in lasii wado ama la joojiyo baaritaanka

Aqrinta dheeraad ah ee la soo jeediyay

Heerarka Bani'aadamnimo ee udub dhexaadka u ah Ballanqaadka PSEAH inta lagu jiro COVID-19
<https://www.chsalliance.org/get-support/article/seah-in-the-covid-19-response/>

IASC (2020) Qoraal Farsamo oo Ku-meelgaar ah: Ka-hortagga Uga faa,ideysiga Galmaada iyo Xadgudubka (PSEA) inta lagu jiro Jawaab-celinta COVID-19 - Nooca 1.0,<https://interagencystandingcommittee.org/other/interim-technical-note-protection-sexual-exploitation-and-abuse-psea-during-covid-19-response>

Qorshee (2020) Tixgelinta Baaritaanka Badbaadinta- inta lagu jiro COVID-19
https://safeguardingsupporthub.org/wp-content/uploads/2020/05/Plan_Intl_Safeguarding_Investigations_Considerations_for_Covid-19_10Apr20_Eng_ex-links.pdf

Qoraalkan ayaa la xiriira qoraalki dhowaantan la daabacay ee uu cinwaankisu ahoo Qoraalka Hagidda Shaqaalaha DFID La hawgalayaasha Fulineed: Kabadbaadinta Ka dhanka Uga faa,ideysiga Galmaada iyo Xadgudubka iyo Dhabaataynta Galmaada (SEAH) guud ahaan mashaariicda DFID inta lagu jiro safmarka COVID-19. Wuxuu diiradda saaraa ku taageeridda hay, adaha safka hore kujira hagid wax ku ool ah halka qoraalka kale ee hagidda loo naqshadeeyay inuu taageero deeq bixiyayaasha iyo hay, adaha aan dowliga ahayn ee waa weyn.

Dukumintigaan waa soo saar kamid ah barnaamijka xogta badbaadinta iyo xarunta taageerada ee ay maalgeliso gargaarka UK oo kasocota dowladda UK. Si kastaba ha ahaatee, aragtiyada lagu muujiyey, iyo macluumaadka ku jiraba ma ahan kuwo lagama maarmaan u ah ama ay ayidsan tahay dowladda UK, taasoo aqbali karto wax mas'uuliyad ah oo aragtiyadaas ama macluumaadkaas ama ku tiirsanaan kasta oo ayaga saaran.

Daabacaddan waxaa Hagitaanka guud ee kusaabsan danaha u diyaariy barnaamijka, iyo xubnahiisa daladda iyo bulsho weynta waxbarashada iyo xirfadlayaasha bulshada. Wixii weydiin ama macluumaad dheeraad ah, la xiriir veronica@rshub.org.uk

Qoraalada-Dhamaadka

¹Xaaladdan dhaxdeeda Badbaadinta macnaheedu waa ka badbaadin ka dhan ah Uga faa,ideysiga Galmada iyo xadgudubka iyo Dhibaataaynta galmada (SEAH): **Uga faa,ideysiga Galmada:** Iskuday kasta ama ugu Xadgudubka booska nuglaanta, kala duwanaanta awoodda, ama kalsoonida ula jeeddooyin galmo. Waxaa ku jirta ka faa'liddida waqtii kooban, bulsho ahaan, ama siyaasad ahaan uga faa,ideysiga galmada ee qofkale. Sida ku xusan xeerarka Qaramada Midoobay waxaa ka mid ah ka ganacsiga galmada, weydiin weydaarsi galmo ganacsi ah yo xirir ka faa'lideysi oo uga faa,ideysiga galmada qof kale ; **Xadgudubka Galmada:** Hanjibaadda ama faragelinta jireed ee dhabta ah oo nuuc galmo ah, ha ahaato xoog ama xaalado aan loo sinnayn ama qasab ah.

Waa inay ka koobnaataa weerar galmada (isku day kufsi, shumis/ taabasho, ku qasbidda qof inuu sameeyo galmo afka ah / taabasho) iyo sidoo kale kufsi. Sida uu qabo qawaaniinta Qaramada Midoobay, dhammaan howlaha galmada ee lala galo qof ka yar 18 sano waxaa loo tixgeliyaa xadgudub galmo; **Dhibaateynta Galmada:** Joogtaynta hab-dhaqan aan la aqbali karin oo aan lasoo dhaweyn karin iyo dhaqamada galmo ee laga yaabo inay ku jiraan, laakiin aan ku koobneen, soo jeedimaha ama dalabyada, codsiyada ugu asxaan falka galmada iyo dabeecadda ama baaq galmo, hadal, ama jireed kuwaas oo ah ama sabab ahaan loo arki karo meel ka dhac ama sharaf ridid.

² Kooxda Horumarinta Qaramada Midoobay - Galbeedka iyo Bartamaha Afrika (2015) Saamaynta Dhaqaale-Bulshadeed ee Cudurka Fayraska Ebola ee Dalalka Galbeedka Afrika: Baaqqa xakamaynta heer Gobol iyo Qaran, Soo-kabashada iyo Ka-hortagga, <https://bit.ly/35DWWRq>; UNDP (aan taariikhkeysneen) Qiimeyntha Shaqaqooyinka kusaleesan Jinsiga iyo Galmadainta lagu jira Xasaradda Ebola ee Sierra Leone,<https://bit.ly/2WLtzJh>

³ IASC (2020) Qoraalka Ku-meelgaar ee farsamada: Ka badnaadinta uga faa,ideysiga galmada iyo Xadgudubka (PSEA) inta lagu jiro Jawaab celinta COVID-19 - Nooca 1.0, <https://bit.ly/3fpocrL>; Alina Potts (2020), Cudurka Safmarka ee Goobaha ay Xasaradda-Sameysay: Xaqijinta Haweenka & Gabdhaha in Aan La iloobin, George Washington University Global Women's Institute, <https://bit.ly/35zgjeH> ; Yaker, R (2020) Sugida Amniga iyo samaqabka Haweenka Safka hore ee Shaqaalah Daryeelka Caafimaadka ee jawaab celinta OVID-19, GBV AoR Helpdesk, <https://bit.ly/2YDxD0t> ;

⁴ Meaney-Davis, J. et al (2020) Saamaynta COVID-19 ee Dadka Naafada ah: Dib u Eegis Deg Deg ah, Ka qeeb gelinta Naafada Miiskacaawinta ee weydiinta 35, Mustaqbalka Loo Dhan Yahay, <https://bit.ly/3djQ0f5> ; OHCHR (2020) COVID-19 iyo Xuquuqul Aadanaha Dadka LGBTI, <https://bit.ly/2W6CSEo>; IASC (2020) Qoraalka Ku-meelgaar ee Farsamada: Ka badbaadinta Uga faa,ideysiga Galmada iyo Xadgudubka (PSEA) inta lagu jiro Jawaab-celinta COVID-19 - Nooca 1.0,<https://bit.ly/2YCB33G>.

⁵1 Jawaab celinta caalamiga ah ilaa 2018 waxay kusaleesan tahay u hogaansanaanta mid ama labadaba noocyada soo socda ee heirarka badbaadinta : 1) IASC Heirarka Howlgalka Ugu Yar ee PSEA (<https://bit.ly/2YEIw3b>), kuwaas oo ay hoos isaga xiran yihiin Lixda asaasiga u ah Mabaadi'da IASC ah ee la xiriira Uga faa,ideysiga Galmada iyo Xadgudubka (<https://bit.ly/35J78sc>); iyo 2) Heerka Asaasiga ee Bani'aadamniimada (<https://bit.ly/2SDCJpB>) (sidoo kale arag Hagiddooda heirarka iyo COVID-19 (<https://bit.ly/2Li7DA9>). Ilalinta Heirarka Badbaadinta Carruurta(<https://bit.ly/2L4mZYJ>) sidoo kale waxay khuseeyaan meelo badan laakiin ma laha xaalad la mid ah "sida heirarka caalamiga ah "ee muhiimka ah" ee ka dhexeeya deeq-bixiyeyasha iyo kooxaha kale.

⁶ Caadi ahaan waxaa guddoomiya Isuduuhaha Gargaarka Bani'aadamniimada / Isuduuhaha Degaanka oo uu taageero Iskuduuhaha Ka badbaadinta Uga faa'lideysiga Galmada iyo Xadgudubka (PSEA). IASC (2020) Qoraalka Ku-meelgaar Farsamada: Ka badbaadinta Uga faa,ideysiga Galmada iyo Xadgudubka (PSEA) inta lagu jiro Jawaab-celinta COVID-19 - Nooca 1.0,<https://bit.ly/2yxPj32>

⁷ Habka xudunta u ah dhibanaha wuxuu kusaleesan yahay afarta mabaadi'l oo hagta amniga, sir ilaaliintaada, ixtiraamka iyo takoor la'aanta. <https://bit.ly/3djQvWv> . Marka la soo tebinaayo dhacdoo badbaadineed mabaadi'daan waa in markasta la tixgeliyaa oo maclumaadkana la siiyaa keliya halka ay nabdoon tahay in la sameeyo iyo baahida loo qabo in la ogaado aasaaskeeda.

⁸ Haweenka Qaramada Midoobay iyo Turjumaanada aan xuduudaha lahayn (2020) COVID-19: Sida loogu daro dadka la liido iyo kuwa nugul Isgaarsiinta Halista iyo kaqaygelinta bulshada, <https://bit.ly/2W8HzgT>

⁹ Haweenka Qaramada Midoobay iyo Turjumaanada aan xuduudaha lahayn (2020) COVID-19: Sida loogu daro dadka la liido iyo kuwa nugul Isgaarsiinta Halista iyo kaqaygelinta bulshada, <https://bit.ly/3caGACn>